

Vegvisir Race Nyborg

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Racing Guidelines
200 & 100 NM
Vegvisir Race Nyborg 2026

Dates
September 03 – 05 2026

Area
Danish & German Waters

Organizers
Shorthand ECM and Nyborg Sejlforening

Changes to this document will be posted online on the Notice Board on
www.vegvisirrace.com

Published: August, 2026

1 Rules

- The race is governed by the rules stated in the Vegvisir Race Statutes and the [International Regulations for Preventing Collisions at Sea](#) AKA COLREGS
- The special regulations for navigation in certain Danish waters.
All traffic separations must be respected in accordance with COLREG rule 10. The competitors are required to pay attention to commercial traffic as well as to other competitors in the race. See appendix 1 for the Great Belt no go zone.

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2 Schedule

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Saturday	August 29	10:00	Self-Craning Opens
Tuesday	September 1	09:00 -	Craining assisted by volunteers
Wednesday	September 2	12:00	Safety Check begins
		12:00	Bureau Opens (Registration etc)
		17:00	Skipper Meeting Singlehand 200 NM Meeting Point Tent
		18:00	Pre-race-get together and dinner Meeting Point Tent (remember to buy dinner tickets in shop on website)
		19:00	Key Note NON Stop Solo Round the World by adventurer Christian Liebergreen Meeting Point Tent
Thursday	September 3	09:00	Bureau Opens
		09:00	Safety Check begins
		10:00	200 NM singlehand starts
		13:30	Official Opening & Skipper Briefing 200 NM Meeting Point Tent
		17:00	First start 200 NM
Friday	September 4	09:00	Bureau Opens
		09:00	Safety Check begins
		13:30	Skipper Briefing 100 NM Meeting Point Tent
		17:00	First start 100 NM course
Saturday	September 5	08:00	Bureau Opens
		17:00	Racing stops
		19:30	Award show, Vegvisir Race Dinner & Afterparty – all included in entry fee Meeting Point Tent

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3 Registration and documents

All competitors must register at the Bureau located in the yellow building Vejerboden on Heimdall's Plads. For 200 NM singlehanded participants no later than Wednesday 2nd at 15:00. For participants on the 200 NM course no later than Thursday September 3 at 15:00 and for participants on the 100 NM course no later than 15:00 hrs. on Friday September 4.

At registration, the following document must be presented: Documentation for valid boat specific liability insurance must be presented upon registration.

4 Skipper Meetings

The skipper meetings for 2Star and Singlehand 200 NM and for Singlehand and 2Star 100 NM will take place in the Meeting Point tent next to the inner basin at Vesterhavnen. See schedule.

5 Messages and information to competitors

- 5.1 Messages for the participants concerning relevant changes, corrections and warnings are continuously displayed on the online Notice Board Vegvisir on www.vegvisirace.com
Important messages in connection with the start will be announced via VHF channel 72.
- 5.2 During the starting sequences, the race management will, if possible, communicate on VHF channel 72.





6 Courses (Clockwise)

6.1 200 NM

- **Start** (See point 8 and 9)
- **Pantaenius Fly by Marks** (on starboard – see point 8 and 9)
- **Sprogø on port**
- **Romsø on starboard**
- **Virtual marks 55°23.5 N 11°1.4 E on starboard (appendix 1)**
- **E25A 55°22.33 N 11°2.75 E on starboard**
- **Agersø on starboard**
- **Femø on starboard**
- **Fejø on port**
- **North Cardinal Buoy 55° 0.967' N 11° 22.364' E on port**
- **Vejrø on starboard**
- **Dovns Klint, Langeland south on starboard**
- **Neukirchengrund N 54°48.972 N 9°46.532'E on starboard**
- **Ærø on starboard**
- **Through Svendborgsund**
- **Finish line Nyborg** (see point 16)

6.2 100 NM

- **Start** (See point 8 and 9)
- **Pantaenius Fly By marks** (see point 8 and 9)
- **Sprogø on port**
- **Virtual marks 55°23.5 N 10°59.6 E on starboard (appendix 1)**
- **Virtual marks 55°23.5 N 11°1.4 E on starboard (appendix 1)**
- **E25A 55°22.33 N 11°2.75' E on starboard**
- **Agersø on starboard**
- **Port-Hand Lateral Buoy 54°53.819 N – 11°43.808 E on starboard**
- **Femø on starboard**
- **North Cardinal Buoy 55° 0.967' N 11° 22.364' E on port**
- **Vejrø on starboard**
- **South Cardinal Buoy 55° 2.196 N – 11°9.770 E on starboard**
- **Finish line Nyborg** (see point 16)

The courses can be reversed and sailed counterclockwise. The sailing direction CW or CCW will be announced at the Skipper Meetings.





6.3 Shortening of the Courses

The courses can be shortened due to too much or too little wind. A shortening of the 200 NM course will be published on the Notice Bord on www.vegvisirrace.com and communicated on VHF Chanal 72.

A shortening for respectively multihulls and monohulls will be published and announced before the first respectively multihull and monohull reaches:

Red Course 200 NM: CW and CCW: **Dovns Klint, Langeland south**

A potential shortening of the green 100 NM course will be announced on the skipper meeting. There will be separate announcements regarding shortening for the singlehanded 200 NM start and the doublehanded 200 NM start.

The participants, their shore crews and the DPAs are fully responsible for keeping up to date and obtaining the relevant information. All participants are encouraged to show sportsmanship and share information on a potential shortening via VHF channel 72.

6.4 Time limit

The time limit for completion of the race is Saturday September 5th at 17:00.

7 Vegvisir Race Rest Time Rule – 200 NM Singlehanded

The Singlehanded 200 NM course starts at **10:00 on Thursday, 3 September 2026**. Racing ends at **17:00 on Saturday, 5 September 2026**, giving a total race window of **55 hours**.

For the safety of the singlehanded participants, Vegvisir Race introduces the **Vegvisir Race Rest Time Rule**.

7.1 42-hour rest cycles

The race is divided into consecutive **42-hour rest cycles**, starting from the official start time.

Each 42-hour cycle consists of:

- a maximum of **36 hours of racing**, and
- a minimum of **6 hours of rest**.

The skipper may choose when to take the required 6-hour rest within each 42-hour cycle. The rest period does **not** have to be taken at the end of the cycle.





However, the first resting period may not begin until the boat has crossed a 13 NM line to get outside the First Free Zone, as shown in Appendix 2.

The Free Zone is defined by a semicircular arc with a radius of 13 nautical miles centered on Nyborg. In south established from a virtual line running from Elsehoved (55°06.107' N – 10°46.474' E) on Funen to Skattebølle Rev (55°05.682' N – 10°51.812' E) on Langeland. In north when leaving the YBY west of Romsø 55° 30.470' N 10° 45.159' E on port or starboard.

See Appendix 2.

The resting periods may therefore be used as a tactical decision, for example during periods of light or heavy wind. When a new 42-hour cycle begins, a new 6-hour rest period becomes available, regardless of when the rest period in the previous cycle was taken.

Because the race has a maximum duration of 55 hours, **two 42-hour cycles can be initiated during the race**, although the second cycle will not be completed before the race finishes.

7.2 Rest period

The required rest period must be at least **6 consecutive hours**.

The stopover may take place:

- at anchor
- on a buoy – official touring buoys recommended
- or alongside in a harbour.

The rest period begins when the boat has stopped and has **no movement over ground**. It ends when the boat begins moving again. The participants must send an sms to Race Management on +45 2194 0264 with the boat name and a photo of the chart plotter showing time and location.

7.3 Use of engine during the stopover

The engine may be used solely to reach the selected rest position.

The engine may be started when the boat is within **0.5 NM of the selected rest position**.

The position at which the engine is first started is designated the **Engine Start Position**.

The boat may then use the engine to reach the selected rest position.



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After the rest period, the boat may use the engine to leave the rest position but must motor back to the **Engine Start Position** before switching off the engine and resuming racing.

The boat may not resume racing until it has returned to the Engine Start Position.

This ensures that no distance is gained along the course by using the engine during the stopover.

7.4 Calculation of elapsed racing time

For each 42-hour cycle that has commenced, **6 hours may be deducted from the boat's total elapsed time**, provided that the required 6-hour rest period for that cycle has been completed before finishing.

Only **6 hours** may be deducted for each cycle.

Rest time exceeding 6 hours will not result in any additional deduction and will count as elapsed time.

7.5 Final 13 NM – The Final Free Zone Option

When a boat reaches the Final Free Zone, defined as the area within 13 NM of the finishing line in Nyborg, the skipper has two options:

A: To continue racing – the Final Free Zone Option

B: Remain Subject to the Rest Time Rule

If the skipper chooses **A: Final Free Zone Option**, the **Vegvisir Race Rest Time Rule no longer applies**, and the boat may continue directly to the finishing line.

If the skipper chooses **B**: He/she will **remain Subject to the Rest Time Rule** and take a **6-hour rest** before resuming racing and finishing.

The Free Zone option is entirely at the skipper's discretion.

All skippers or his/hers DPA must contact Race Managementt on phone +45 2194 0264 at the latest 0,5 NM before reaching the Final Free Zone **but ONLY if option B is chosen**.

The decision A or B is final and cannot be undone.





7.6 Tolerance and Time Penalties

A limited tolerance is allowed in order to accommodate situations where a skipper is unable to comply precisely with the 36-hour racing or 6-hour rest requirement.

Exceeding the 36-hour racing limit

A boat may race for a maximum of **37 consecutive hours**.

If the 36-hour limit is exceeded by no more than 60 minutes, a **2-hour time penalty** will be added to the boat's total elapsed time.

Shortening the rest period

A required 6-hour rest period may be shortened by no more than 60 minutes, but must be at least **5 hours**.

If the rest period is between 5 and 6 hours, a **2-hour time penalty** will be added to the boat's total elapsed time.

Both tolerances breached

If both the 36-hour racing limit and the 6-hour minimum rest period are breached within the same 42-hour cycle, a **3-hour time penalty** will be added to the boat's total elapsed time.

A boat may not race for more than **37 consecutive hours**, and a required rest period may never be shorter than **5 hours**.

Any breach beyond these limits will result in **retirement from the race**.

A skipper who does not comply with the Rest Time Rule must retire from the race.

7.7 Designated Person Ashore (DPA)

All participants in the **Singlehanded 200 NM race** are required to designate a **Designated Person Ashore (DPA)** no later than at the check-in in Nyborg.

The DPA shall have **qualifications comparable to those of the skipper** and must be capable of understanding and assessing situations that may arise during a singlehanded offshore race.

The skipper shall give the DPA the **authority to communicate and act on the skipper's behalf** in matters related to safety and crisis management.



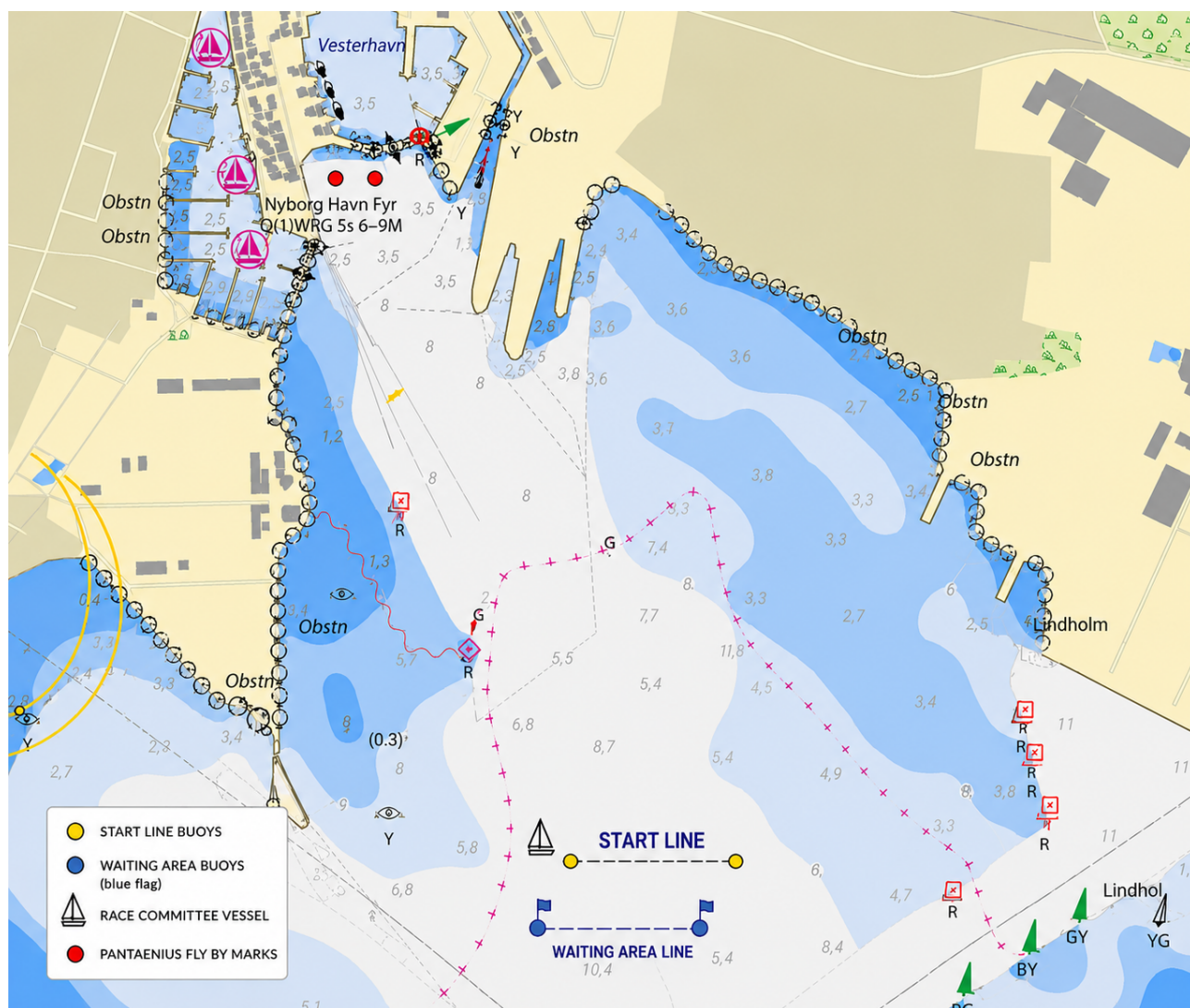
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The DPA shall be available throughout the race and must be reachable by Race Management **24 hours a day** during the race.

The DPA shall assist both the skipper and Race Management as required, including in the event of an emergency or crisis. The DPA is **not required to attend the Skippers' Meeting or to be physically present in Denmark during the race.**

8. Starting Area



Not for navigation. For illustrative purposes only. After crossing the starting line from a southerly to northerly direction the two Pantaenius Fly By marks must be rounded on starboard of sailing clockwise on port if sailing counter clockwise.



9. Starting line & procedure

The starting line is a line between two yellow buoys placed close to the race committee vessel.

9.2 The starting line must be crossed from a southerly towards a northerly course.

9.3 A line parallel to the starting line is established between two blue flag buoys south of the starting line. This line separates the starting area from the waiting area. Only boats in the present start are allowed into the starting area.

9.4 Before the starting signal of a start, the race committee may postpone all remaining starts. Flag AP will then be displayed along with 2 sound signals. The postponement will be announced on VHF channel 72. Flag AP will be displayed on the race committee boat and can be accompanied with a numeral pennant indicating the minimum duration of the postponement in hours.

9.5 After starting the boats must round the two Pantaenius Fly By marks outside the pier of Nyborg. Both Fly By marks must be kept on either starboard or port depending on the Course Flag Green (clockwise; marks on starboard) or Red (counterclockwise; marks on port) The sailing direction will be announced on the skipper meeting. (see illustration)

10. Starting procedure 200 NM (Thursday)

1st start 200 NM All Singlehanded boats:

09.55 - Warning signal: Pennant 1 hoisted - 1 sound signal.

09.56 - Ready signal: Signal flag P hoisted - 1 sound signal.

09.59 - One minute signal: Signal flag P lowered - 1 sound signal.

10.00 - Start signal: Pennant 1 lowered - 1 sound signal.

2nd start: Doublehanded Monohulls Mini & Small

16.55 - Warning signal: Pennant 2 hoisted - 1 sound signal.

16.56 - Ready signal: Signal flag P - 1 sound signal.

16.59 - One minute signal: Signal flag P lowered - 1 sound signal.

17.00 - Start signal: Pennant 2 lowered - 1 sound signal.

3rd start: Monohulls Medium

17.15 - Warning signal: Pennant 3 hoisted - 1 sound signal.

17.16 - Ready signal: Signal flag P hoisted - 1 sound signal.

17.19 - One minute signal: Signal flag P lowered - 1 sound signal.

17.20 - Start signal: Pennant 3 lowered - 1 sound signal.





4th start: Large and Multihulls

17.35 - Warning signal: Pennant 4 hoisted - 1 sound signal.

17.36 - Ready signal: Signal flag P hoisted - 1 sound signal.

17.39 - One minute signal: Signal flag P lowered - 1 sound signal.

17.40 - Start signal: Pennant 4 lowered - 1 sound signal.

11. Starting procedure 100 (Friday)

1st. start Singlehand – All boats

16.55 - Warning signal: Pennant 1 hoisted - 1 sound signal.

16.56 - Ready signal: Signal flag P hoisted - 1 sound signal.

16.59 - One minute signal: Signal flag P lowered - 1 sound signal.

17.00 - Start signal: Pennant 1 lowered - 1 sound signal.

2nd start 2Star – All boats

17.15 - Warning signal: Pennant 2 hoisted - 1 sound signal.

17.16 - Ready signal: Signal flag P hoisted - 1 sound signal.

17.19 - One minute signal: Signal flag P lowered - 1 sound signal.

17.20 – Start signal: Pennant 2 lowered - 1 sound signal.

12. Jumping the gun

There will be NO individual recalls. If any part of a boat is on the course side of the starting line the boat will be penalized by 30 min. on the finishing time. No boats are allowed to return to restart.

13. Postponement

If a start is postponed, information will be given by race management on VHF channel 72 and by displaying flag AP. If signal AP is displayed ashore with 2 sound signals it means: The start has been postponed; first warning signal will be given not earlier than 60 minutes after AP is lowered with one sound signal.

If signal AP is displayed from the race committee signal vessel with 2 sound signals it means: The start has been postponed; first warning signal will be given 1 minute after AP is lowered with one sound signal.

14. Late starters

Boats starting more than 30 minutes after the starting signal will be noted: Did Not Start.



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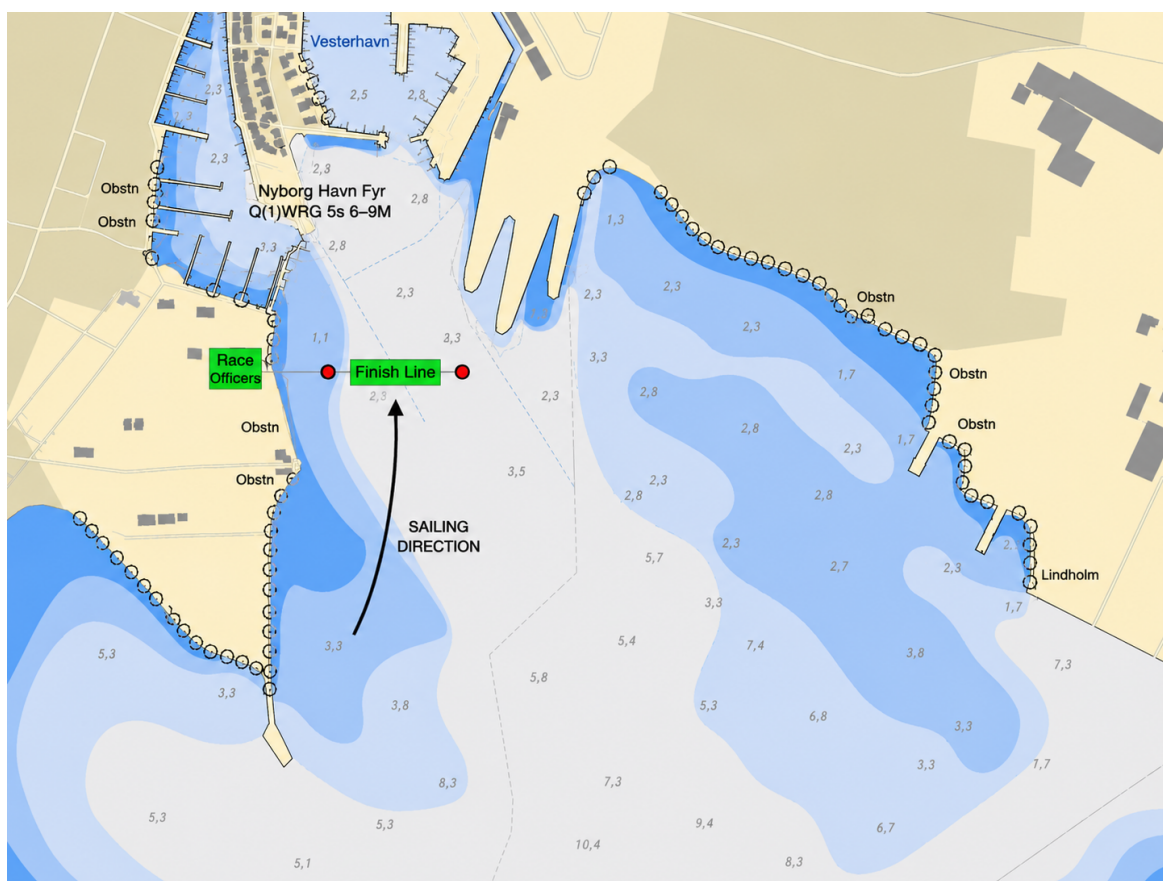
Anyhow, if there is a good reason for the late start this must be communicated to the race management via VHF channel 72 or by phone to +45 2194 0264

15. Finishing

Approximately 30 minutes before the expected finishing time in Nyborg, participants **must** report an ETA to the race management. This may be done by VHF channel 72.

16. The Finishing Line

Between two red buoys marked with lights and visible on tractrac. Persons from race management are present ashore at the left side of the line. **IMPORTANT** to show start number visible to race management. When finishing the line must be crossed from south towards north. Be aware of the limitations at the breakwaters.



Not for navigation. For illustrative purposes only.





17 Withdrawal from the race

A skipper/boat that withdraws from the race or in any other way suspends the race is obliged to state this to the race management on phone number: +45 2194 0264 or text message (SMS) as soon as possible. When staying more than 12 hours in a harbor a boat will be considered to have withdrawn from the race.

18 Compensation for assistance to at boat in distress or need

All participants in Vegvisir Race Nyborg are obliged to give all possible assistance they can for any person or vessel in danger. If such assistance is given during the race, a time compensation can be requested. The request must be based on a statement clarifying that your final ranking has been considerably affected because of the aided assistance. The request must be described in writing and handed in to the race management within 60 min. after crossing the finishing line.

19 Use of engine and other means of propulsion

20.1

The use of engine or other mechanical propulsion is prohibited during the race, except as specified below.

20.2

Engines and other machinery (such as generators) may be used until the start signal (i.e. until 4 minutes before the start).

20.3

It is permitted to run the engine during the race for the sole purpose of charging batteries.

20.4

If a boat runs aground, the engine may be used once to free the boat. This must be reported to the Race Office on +45 2360 1667 as soon as possible and no later than one hour after the incident. A **20-minute time penalty** will be added to the boat's overall sailing time.

20.5

The engine may be used in an emergency to assist a person or another vessel in danger. The incident must be reported to the Race Office as soon as the situation allows. The



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Race Committee will evaluate the situation and may award a time compensation at its discretion.

20.6

Propulsion by oars, paddles, hand paddles, or fins is allowed, provided it is powered solely by human effort.

20 Protest

Protests should generally follow Rule 60 of World Sailing's Racing Rules (2025–2028). If you intend to protest, you must hand in a completed protest form at the Bureau no later than one hour after you finish the race. BUT do not forget that Vegvisir Race Nyborg NOT run by World Sailing's Racing Rules but by the COLREGS.

Shout 'PROTEST' and display a red flag as soon as you believe an incident has occurred and keep it up until arriving in Nyborg.

Details about hearings will be posted on the Notice Board at the Meeting Point. Hearings are planned to take place no later than one hour before the prize-giving ceremony.

Protest forms should be completed in all situations involving contact between boats or damage to property.

Penalties and Decisions

The Protest Committee will handle all protests in line with these Sailing Instructions, the Statutes, and standard protest practice. Penalties may be less than disqualification, depending on the nature of the rule breach — unless otherwise stated.

If you're involved in a protest, please keep your phone handy. The Committee may choose to cancel protests if parties can't be reached.

The Protest Committee's decisions are final and not subject to appeal.

22 Observing and reporting breaches of the rules

A boat observing a breach of a rule related to Vegvisir Race Nyborg may report this observation to the race management by text message.

Further action, if any, will then be taken by the event management. Penalties for breaches reported by a competitor or observed by the event management is at the discretion of the event management and may be anything from a warning, a time penalty, or a disqualification.



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23 Media rights

By participating in Vegvisir Race Nyborg competitors automatically grant to the event management and its sponsors the right in perpetuity to make, use and show, from time to time at their discretion, any pictures, SoMe content, motion pictures and live, taped or filmed television and other reproductions made by the competitors during the period of the competition without any compensation.

Useful contacts:

Race management phone or sms: +45 2194 0264 Can be reached 24/7 during the entire race.

Race management e-mail: info@vegvisirrace.com Can be reached 24/7 during the entire race.

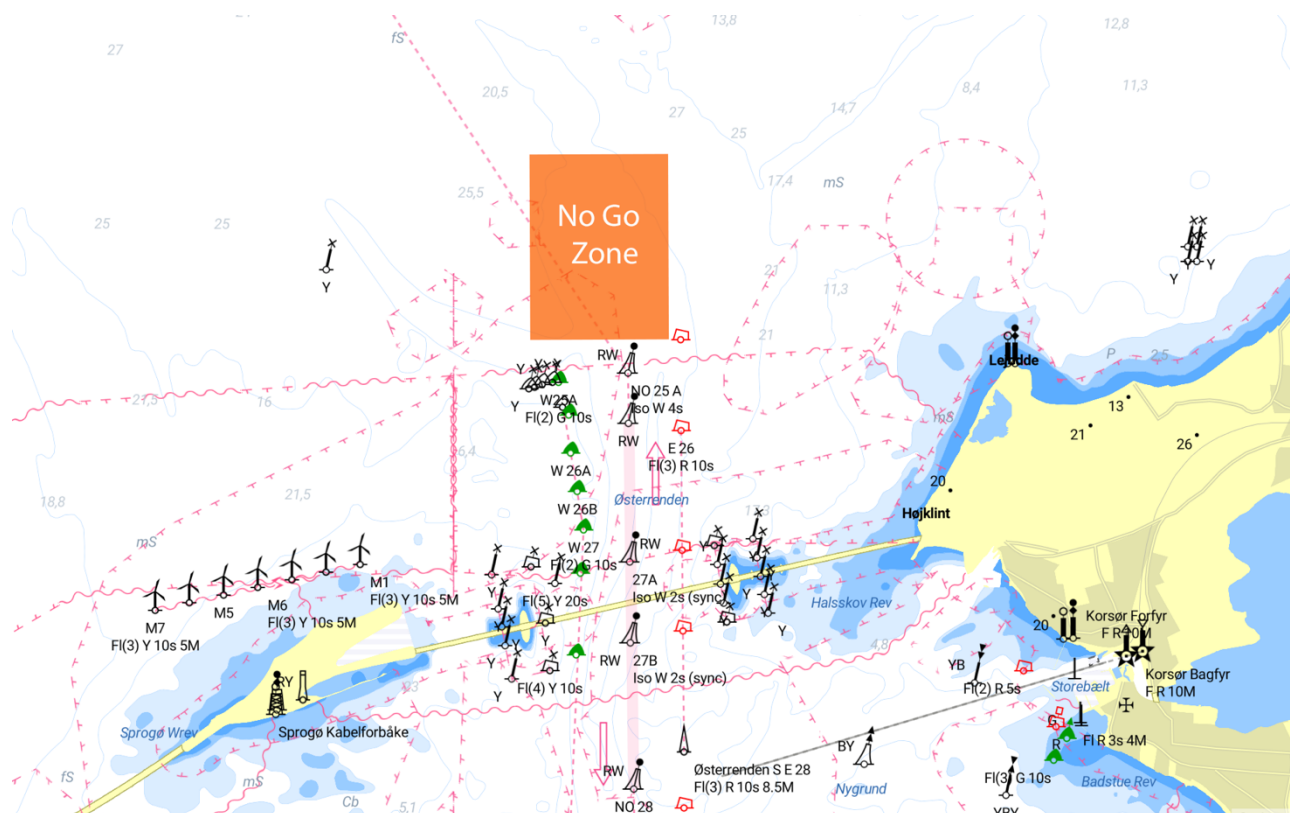


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Appendix 1



No sailing in the traffic separation zone in the Great Belt nor in the orange No Go Zone north of route Tango. Stay north of $55^{\circ}23'5N$ before considering any crossing of the Great Belt.

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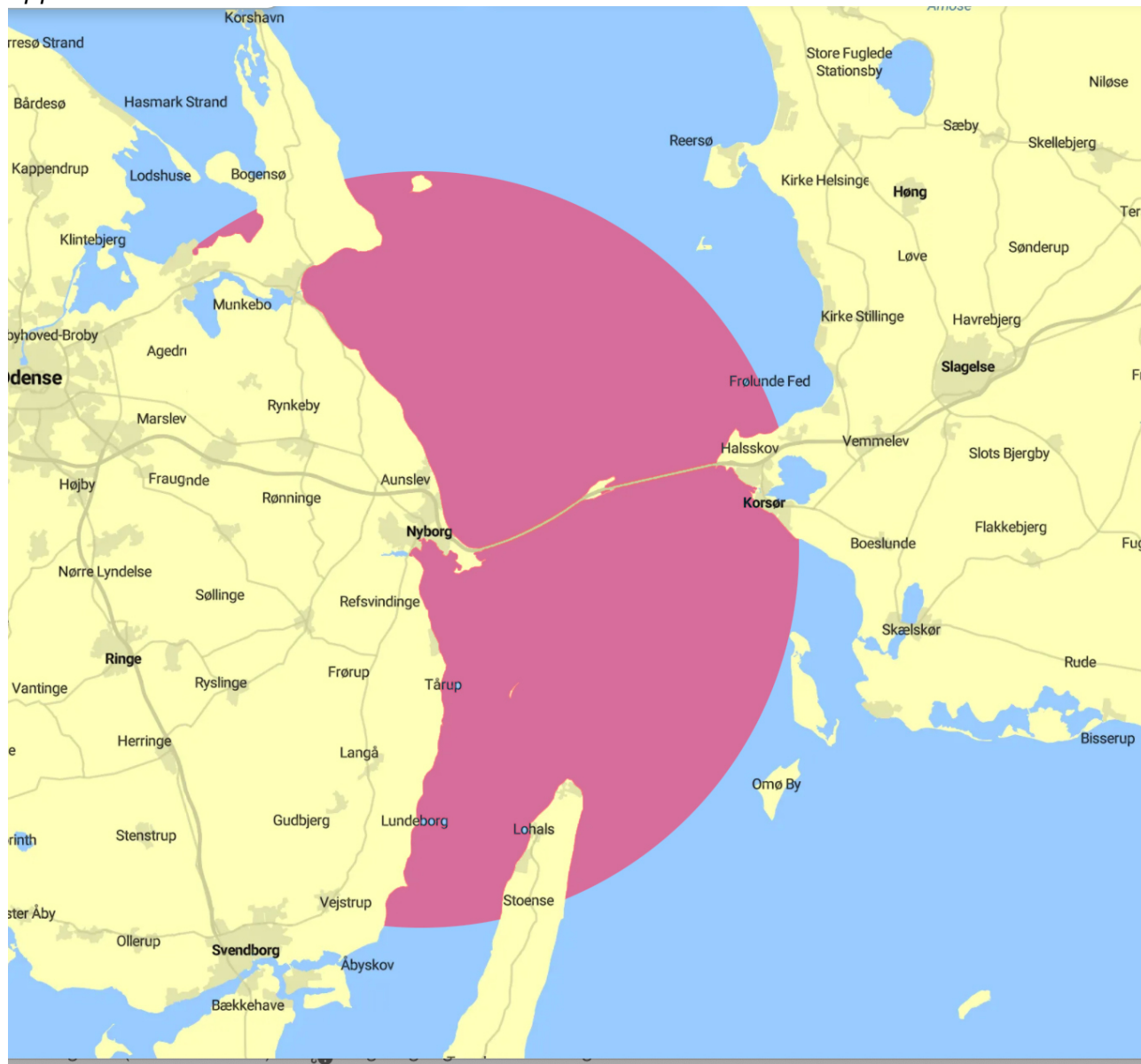


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Appendix 2



Vegvisir Race Free Zone // Apply on the 200 NM singlehanded Course only.

The Free Zone is defined by a semicircular arc with a radius of 13 nautical miles centered on Nyborg. In south established from a virtual line running from Elsehoved (55°06.107' N – 10°46.474' E) on Funen to Skattebølle Rev (55°05.682' N – 10°51.812' E) on Langeland. In north when leaving the YBY west of Romsø 55° 30.470' N 10° 45.159' E on port or starboard.

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